**Who can I report concerns to?**

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| **Organisation** | **Pros** | **Cons** | **Am I comfortable doing this?** |
| CQC | * Official regulator for standards of care in this care home
* Whistleblowers advice line as available as route to not “rock the boat”
 | * Only addresses concerns regarding care home staff
* CQC recommends discussion with Line Manager first
 | Yes – but only via Whistleblowers Advice Line as first course of action rather than official complaint |
| HCPC | * Official regulator for involved clinician and students
 | * Clinician and students may face career-changing consequences
 | No |
| Police | * Recommended by several resources to consider reporting abuse to police
 | * Feels excessive
* All parties may face career-changing consequences
* Service user was not in imminent danger
 | No |
| FTSU Guardian | * Recommended by several resources
 | * Still unsure if they can help with cases that occur in community rather than hospital
 | Maybe |
| Line Manager at work | * Would appreciate the context of the events occurring during a highly pressurised day, and may stop this from happening again in future
* Could make a plan to address both care home and clinician/student concerns
 | * May “rock the boat” with working relationship, relationship with uni, and grading for placement
 | Yes |
| Safeguarding Adults Board (Bournemouth, Christchurch and Poole Council) | * Recommended to do so by NHS Safeguarding App
 | * May not be appropriate as service user was receiving care from the private sector
 | No |